

COVID-19 SAFE COSMETIC INJECTING GUIDE 2020

SAFE REINTRODUCTION OF COSMETIC INJECTING TREATMENTS KEEPING PATIENTS AND PRACTICES SAFE WHILST NOT WASTING VALUABLE RESOURCES

The Australian Society of Aesthetic Plastic Surgeons (ASAPS) and the Australasian Society of Cosmetic Dermatologists (ASCD) have carefully considered the COVID-19 specific risk profile of each treatment, the PPE modelling, public health measures in place and recommend a cautious approach during the reintroduction of Cosmetic Injecting treatments using neurotoxins and tissue fillers keeping patients and practices safe whilst not wasting valuable resources.

Please read the [COVID-19 specific screening questionnaire and guidelines](#). Please check appropriate boxes with a tick if it applies to you:

Prior to Consultation

- Have you travelled overseas recently?
- Have you had recent contact with a known or suspected COVID-19 patient in the past two weeks?
- Do you reside in or visited a known high-risk area with a cluster of cases?
- Have you recently tested for COVID-19?

If Yes, please mention:

Date: _____ Time: _____ Result: _____

Do you have:

- Temperature > 38°C
- A cough
- A sore throat
- Shortness of breath
- Other respiratory symptoms
- A recent loss of sense of smell

If YES to any of the above, we will notify the nearest public hospital Emergency Department and direct you NOT to attend the clinic but to go to the nearest public hospital Emergency Department.

On the day of your consultation, you will be asked the same questions as above and your temperature will be measured and recorded.

Our clinic will also follow an **informed consent process** where the following are discussed and documented.

- Are you aware of the risks of having cosmetic procedure and the additional risks during this time?
- Are you aware of the measures in place to reduce the standard risk and the COVID-19 specific risk?

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Standard Public Health Measures in Place at our Clinic:

- Hand hygiene
- Safe distancing 1.5m
- Surface decontamination
- Non-contact greeting
- The use of masks is not necessary by patients
- Cough etiquette

Hand and Face Hygiene

- Have you washed your hands with hand sanitiser or soap and water for 20 seconds?
- Have you washed your face with soap or cleanser and water prior to facial injectable treatments?

Our clinics will run at lower capacity than usual to allow:

- Physical distancing in all aspects of the practices whether in waiting rooms at reception or in the flow of the practice
- Time to adequately clean rooms and decontaminate surfaces after procedures

Appropriate use of PPE

The current prevalence of COVID-19 in the Australian context does not require all asymptomatic individuals to be classified as suspected COVID-19 cases. However, as the situation remains fluid, things may change.

- When performing cosmetic injectables on patients who are not at risk for COVID-19, the use of standard PPEs such as eye protection, surgical mask (non-N95), gloves and are adequate.
- The practitioner use of PPEs should follow standard guidelines for these procedures
- Given the relatively low prevalence of COVID-19 in Australia, standard precautions have been advocated and we recommend the same standard PPEs as the practitioner may have used before the COVID-19 outbreak in their treatment protocol

Appropriate masks for cosmetic injecting:

- A TGA approved standard surgical mask is sufficient for cosmetic injecting
 - > A P2/N95 mask is not necessary
- Do not touch the contaminated surface of the mask, and the mask should be discarded if contaminated with blood or bodily fluids and following AGPs